## **SURVIVAL PACK - CHECK LIST**

Description	Use(s) and/or Reason To Have	Stored
DAY PACK	To be taken when leaving vehicle – eg bush walks, beach, sporting events,	Day Pack
Plan - this check Isit	Have a general prep list of 'situations' (e.g. what to take for day walk / over nighter / emergency -	Day Pack
Fidit - tills check isit	time to act or bugging out immediately - have 'general' maps. Have emergency plan - review practice - check equipment.	Day r dok
Para Cord (small)	Repairs – just about anything / Shelter Building / can be stripped down to make fishing cord / use to make snares and traps	Day Pack
orch	LED flood and beam torch	Day Pack
issues	First Aid, Eye wipes, toilet paper, use as a fire starter	Day Pack
Alcohol Pads	First aid, sanitizing equipment (can also be used as a fire starter)	Day Pack
Wash Pads	First aid, general hygene	Day Pack
Signal Mirror	Emergency signaling – Undertaking operations on self – covert surveillance (looking around corners) – doing your makeup	Day Pack
Distilled Water Vials	First aid	Day Pacl
₋ighter	Fire Starting – Steralisation tools	Day Pack
Betadine	Seralisation	Day Pack
Cotton Buds	First aid – Betadine application	Day Pack
Compass	Navigation	Day Pack
Survival Blanket	Warmth (walking or sleep) – shelter Making / Water Collection	Day Pack
Super Glue	First Aid / Quick fixes	Day Pack
Manicure set	Contains scissors for medical, nail clippers for cutting line / rope etc – Tweezers for first aid	Day Pack
Glow Stick	Emergency lighting or signaling	Day Pack
Sun Screen nsect Repellant		Day Paci
Sanitiser Pads	First Aid	Day Paci
Sanitiser Pads Bandaids	Small and general bandaids for small scratches etc	Day Pack
Sandaids Multi-Tool	All tools for general use – pliers / knife / etc etc	Day Pack
Surgical Gloves	First Aid / multiple other uses (carry water / keep things dry	Day Pack
Light Jacket / Poncho	Emergency clothing - Shelter - Water collection	Day Pack
Small Note Pad	Navigating / leaving a trail / medical obs / Pencils don't run out of ink or go dry	Day Pack
(waterproof)(Pencil)	Travigating / Teaving a trail / Thedical obs / Tencils don't run out of link of go dry	Duy . uo.
Permanent Marker	Leaving a trail, marking equipment, counting,	Day Pacl
Panadol	Pain relief	Day Pacl
Heat Pack	First aid, to avoid shock, treat patient in cold (comfort)	Day Pack
Magnifying Glass	Fire Starting / Wound inspection / finding clues at a crime scene	Day Pack
Sting Goes / Atiseptic	First aid	Day Pack
DRY BAG	To store all equipment (including Day Bag)	Dry Bag
1 Ltr Water	Metal container – in addition to small water bottle or several litres of water in boot of car	Dry Bag
Knife (Large)	First Aid - defense – cutting wood for fire – general tool	Dry Bag
Survival Blanket (extra)	Use spares to make a sleeping bag - tent - shelter - colelcting water	Dry Bag
Food	Sufficient food for two days	Dry Bag
Metal Cup / Mess Tin	Getting water (boiling to sanitise) – food prep and eating	Dry Bag
Para Cord (large)	Repairs – just about anything / shelter building	Dry Bag
Duct Tape	Fix anything / Assist Make shelter / first Aid	Dry Bag
_arge Bandages	First Aid / Large wounds – splints / emergency clothing / emergency fire starter	Dry Bag
Fire Lighting Steel	Know how to use it - know how to light a fire	Dry Bag
Folding Shovel	Digging out bogged car – toilet stops – preparing fire pit	Dry Bag
9 Hour Tea Candles	In metal / plastic tin – emergency lighting	Dry Bag
Small WD40	Lubricant / Anti Freeze / assist engine starting	Dry Bag
Cable Ties	Quick fix of just about everything	Dry Bag
Surgical Gloves	First Aid / protection in bush or working on car/shelter/fire / Can be used to collect water	Dry Bag
YOUR LIST		